



# INTRODUCING AMPUTEE FOOTBALL IN YOUR COUNTRY

#TOGETHERANYTHINGISPOSSIBLE #AMPUTEEFOOTBALL



# **AMPUTEE FOOTBALL**

- Amputee Football is football for people with one leg or one arm
- **⊗** Goalkeepers have one arm (amputation or limb defect)
- **Outfield players have one leg (amputation or limb defect)**
- ★ International matches are played 7-a-side on 60 x 40 meter pitches, with 5 x 2 m goals and time of play 2x25 minutes with 10 minutes brake





## **AMPUTEE FOOTBALL**

- It is one of the most dynamically developing disciplines in the world
- **⊗** It currently exists in over 70 countries, including 18 in Europe
- **WAFF** is the governing body for amputee football in World
- **EAFF** is the governing body for amputee football in Europe >> <a href="https://www.facebook.com/740279562738108/videos/793918048079834">https://www.facebook.com/740279562738108/videos/793918048079834</a>
- European Championships and World Cups as well as the Club Champions Leagues are held regularly
- Discipline is getting more and more popular. The last EURO final in Turkey was followed live by 41,000 fans in the stadium
  - >> https://www.facebook.com/740279562738108/videos/259163268430293
- Amputee Football is part of the big football family. Our discipline is supported by UEFA, many national FAs, famous players like Harry Kane, Robert Lewandowski



# ROADMAP TO INTRODUCING AMPUTEE FOOTBALL

® RESPECT

- ✓ Nominate project coordinator
- ✓ Find a coaching staff
- ✓ Promote the idea and the project
- ✓ Find players
- ✓ Register legal organisation / create a dedicated unit in FA/Fundation/etc.
- ✓ Look for partners to finance a sustainable development
- ✓ Send your coaches to EAFF workshop/invite EAFF coaches to your country
- ✓ Organise the first training / training camp
- ✓ Invite EAFF delegation for workshops in your country
- ✓ Organize regular national training camps and invite new players
- ✓ Create a National Team and play a match
- ✓ Look for referees
- ✓ Create a regional clubs
- ✓ Organize a league



# **BUILD A STRUCTURE AND FINANCING**

- Find a project coordinator, ideally not a player or a coach, who will be reponsible for finding players, organizing training camps, promoting amputee football in your country, contacting with EAFF, arranging international games, cooperating with local FA.
- Start an independent legal body (for example an association, a foundation) that in accordance with local law will be entitled to gain public and private financial support.

  (a legal body may be set up at the start of the amputee football project or later in the developing phase)
- Establish a stable cooperation with local FA to gain fiancial support for the start Look for other partners: grants from the govrnement or local athourities, private sponsors.



<sup>\*</sup> These activities can be carried out in the same time or even after the organization of the first training sessions, training camps and promotion.

In many countries, the team (first group of players) is formed first, and then the organization registers, sponsors are sought, etc.

## **COACHING STAFF**:

- Important part of the process of introducing amputee football in your country is finding a head coach who will enage in building a national team in a long term perspective.
- Experienced physiotherapist is also a required staff member from the begining of the project.
- Use your contacts in football world to announce who you look for.
- Ask local FA for help in finding right people.
- The head coach will definitely be one of the project leaders, especially at the beginning. Find someone who will be properly involved.
- Coaches and other staff members can be in constant contact with EAFF coaches. They can receive training materials. They may also be invited to another country for workshop.

#### Advised final staff team should consist of:

- ⊕ Head coach
- **⊗** Coach Assistant
- ⊕ Goalkeeper coach
- Physiotherapist
- **Team manager/director**



### **FIND PLAYERS**

- Make a list of all players with names, cities, contact details (phone, email). Even if you have 2 or 3 stay in touch with them. Ask them to help you to find more players.
- Create catchy materials like posters, leafleats, graphics, promo vdeo with contact
- Find NGOs that help people after amputations
- Contact with orthopedic hospitals and prosthetic companies
- **Organise recruitment actions with local FA, Ministry of Sport, Paralympic Committee**
- Search on Facebook or donation pages people after amputation or with limb defects
- Try to get the media interested
- Direct contact with specific amputees or limbs is crucial this is always the best way
- **EAFF** could send you photos and videos to be used in your promotion.



### **FIND PLAYERS**

- Having 8-9 players, organize the first training and invite the media to it.
- Use the first players to promote the idea and the next trainings.
- If you start from scratch, i.e. you have two-three players for the start, ask EAFF to help organising your visit at training camp or league competition in one of member countries.



Remember that some of the new players, despite confirmation, may not come to training. This is normal and don't be put off by it. Keep inviting them to the next trainings.



# PROMOTE YOURSELF

#### **FIRST STEPS:**

- Create a profile on Facebook, Instagram, and Tweeter and post on a regular basis (EAFF can give you the first content and promote yours)
- Invite sport media for your trainings and games
- Invite a professional photographer and a video crew for the first training
- Cooperate with FA and League organise showcase before national or league games
- Make sure you have catchy photos and videos
- Try to find famous Ambassador
- Produce and send press releases ask the FA press office for help
- Create a national team and use it to promote your discipline







#### **GOOD PRACTICES FROM OTHER COUNTRIES:**

- Engaging top players from your country:
   <a href="https://www.facebook.com/210646652310492/videos/1925125694195904">https://www.facebook.com/210646652310492/videos/1925125694195904</a>
   <a href="https://www.facebook.com/740279562738108/videos/428387668096703">https://www.facebook.com/740279562738108/videos/428387668096703</a>
- Telling about the amputee football in free-to-air TV https://www.facebook.com/210646652310492/videos/647142999107252
- Visiting schools and football clubs to share knowledge about amputee football <a href="https://www.facebook.com/deutscheramputiertenfussball/photos/a.623553124342586/2474562965908250">https://www.facebook.com/deutscheramputiertenfussball/photos/a.623553124342586/2474562965908250</a>





# **ORGANISE THE FIRST TRAINING CAMP**

#### WHAT YOU SHOULD ORGANIZE

- Football pitch with natural or artificial grass
   (amputee football pitch size is 40 x 60m with goals 5x2m but for the training you can use any size)
- Balls no 5
- Crutches at the beginning, the players use their own crutches that they are using on a daily basis
- Basic training equipment like cones, flats
- Medical bag

If possible to organise for the first camp (If not, it is a list of equipment to organise later): unified sport kits / bibs / cleats / goalkeeper gloves

#### STAFF

At least a one coach and physiotherapist, additionally goalkeeper coach

#### WHAT YOU SHOULD PROVIDE FOR PLAYERS AND STAFF IF POSSIBLE

- Free accommodation and meals
- Trainig equipment
- Accident insurance



EAFF suggests organizing a weekend training camp Saturday-Sunday for players from all over the \_\_\_\_\_ country. For smaller countries it may be one training day, without an overnight stay.

# **AMPUTEE FOOTBALL WEEKEND TRAINING CAMP**

Exemplary agenda of amputee football training camp

#### **SATURDAY**

- meeting with players, presentation of organizers and coaches, presentation of the basic rules and plan of the camp
- first training session
- lunch
- second training session
- dinner
- briefing summary, impressions, a longer presentation about the discipline

#### **SUNDAY**

- breakfast
- third training session
- end of the camp, inform about next actions

- This plan, with various modifications, can be used for the next monthly camps
- Set the start of the training camp so that players from other cities can arrive
- **❸** Inform EAFF about the planned date of the first training camp and agree arrival of delegated coaches/players.
- Remember about good atmospere and team spirit!



Promote the training camp: prepare a catchy graphic / cooperate with local FA / send information to media invite people from FA, from prostesis companies etc.



### RESPECT

# **NEXT TRAINING CAMPS**

#### **USEFUL TIPS:**

- Try to organise camps on a regular basis every month, every 2 moths depend of players and your possibilieties. Adapt the training plan to the willingness and abilities of the players.
   You do it for them!
- With each promotion (media, social media and others), always emphasize that you are still looking for new players, you invite everyone regardless of their skills and age and that the next training camp is on .... (you have a specific offer for everyone – every amputee or limb deffect – from any part of the country)
- If possible, organise camps in different regions of the country to get interest of local media and to make it closer to potential new players from this region
- Always try to attract new players for the next camp to build a team
- At the begining use smaller formats: 4-a-side or 5-a-side in control training games
- Build the good coaching team
- If possible fund a travel expanses for staff and players





- In amputee football, in most countries, we start from central trainings (regular training camps for everyone that want to try the discipline), the second step is to create a national team that could start to play the international games even few months after the first training.
- The national team is the best key to the promotion and development of the discipline in your country
- 🛞 With two goalkeepers and 9-10 outfield you can start thinking about the first game
- **EAFF** encourages one of the member country (if possible a neighbour country) to invite your team for the first international game.
- Organise national team match kits and funds for the first game contact your FA



# THE FIRST INTERNATIONAL GAME



#### **EVENT PORMOTION:**

- Use this game to promote your national amputee football team this is the best story for media
- **⊗** Work with your FA and try to work with some PR specialists to promote the team
- (A) If possible, take media representatives for the match
- Make a photo session of the team in new kits





## **FURTHER STEPS**

RESPECT



Such an event will be a great tool to promote amputee football in your country. Football fans, media and all your partner will have a chance to see how spectacular is this disicipline.

### National amputee football league

As soon as there will be enough players that could form amputee football clubs you can start organize club competition. At the begining the league can be played even with 3 clubs and in smaller format 5-a-side or 6-a-side. For league competition you will need refeeres. EAFF will help organise workshop for them. Try also to talk with big clubs about setting up amputee football teams.

EAFF has a lot of positive examples (good practices) that can be presented by e.g. PSV Eindhoven, Manchester City, Arsenal, Everton, Hoffenheim, Panatinaikos, Legia Warsaw and others.

### Juniors in amputee football

Looking for new players, be also open to juniors. Teenagers can train together with seniors, and younger ones will be invited by EAFF to the international training camp.

EAFF European Amputee Football Junior Camp is organized in a different country each year for children aged 6-16 from all over the Europe. EAFF covers costs of accommodation and meals for participant, one parent and coach.

The next camp will be held in Ireland, in Limerick city from from 15th till 19th July 2021.





# **CONTACT DETAILS**

# **OFFICE@AMPUTEEFOOTBALL.EU**

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